



Health Care Reform

Preventive Drug Coverage Guidelines

The Affordable Care Act (ACA) requires that eligible people get certain preventive services at no cost. The following four categories and related drugs are clinical recommendations in the ACA. They are included in the ACA as preventive services. The ACA was passed in 2010.

Breast Cancer Prevention

Prescribe for women who are at increased risk of breast cancer (5-year risk of three percent or greater) and at a low risk for adverse drug effects. This applies to women without symptoms age 35 years or older. Also, they should not have a prior diagnosis of breast cancer, ductal carcinoma in situ (DCIS) or lobular carcinoma in situ (LCIS). These drugs should not be used in women who have a history of thromboembolic events (deep venous thrombosis, pulmonary embolus, stroke, or transient ischemic attack).

Medications	Coverage Guideline	Age Guideline
tamoxifen	20 mg daily for up to 5 years	Women, age 35 and older
raloxifen (Evista equivalent)	60 mg daily for up to 5 years	Postmenopausal women

Heart Attack Prevention

Medications	Coverage Guideline	Age Guideline
Aspirin	Prescribe when potential benefit (due to reduced heart attacks) outweighs the potential harm (due to an increase in GI hemorrhage) in men ages 45-79 years and women ages 55-79 years.	Aspirin is covered for adults between the ages of 45 and 79.

Smoking Cessation

Medications	Coverage Guideline	Age Guideline
bupropion (Zyban equivalent)	Provide tobacco cessation intervention to those adults that use tobacco products. Includes FDA-approved tobacco cessation medications (including both prescription and over-the-counter medications)	18 years and older
Nicotrol Nasal Spray		
Nicotrol Inhaler		
Nicotine Kits		
nicotine patch (Nicoderm equivalent)		
nicotine gum (Nicorette equivalent)		
nicotine lozenge (Commit equivalent)		
Chantix		



Vitamins and Minerals

Medications	Coverage Guideline	Age Guideline
Fluoride	Prescribe to preschool children older than 6 months of age whose primary water source is deficient in fluoride.	Fluoride needs to be covered for children of both sexes: ages 0 months to five years.
Folic Acid	Prescribe to women planning or capable of pregnancy as a daily supplement containing 0.4 to 0.8 mg (400 to 800 ug) of folic acid.	No age guidelines.
Iron	Prescribe to children aged 6 to 12 months who are at increased risk of iron deficiency anemia.	Iron needs to be covered for children of both sexes: ages 0 months to 1 year.